

LIFE SKILL OF THE WEEK: RESPONSIBILITY

Written by Joe Keim and taught in a group setting

1. Opening Thought

Responsibility means **owning your choices, your words, your time, and your attitude.**

It means saying, “I will take care of this,” instead of waiting for someone else to fix it.

- *Growing up, many of us were told what to do and when to do it.*
 - *But becoming an adult means learning how to lead yourself.*
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2. Scripture

1 Corinthians 4:2 – *“Moreover it is required in stewards, that a man be found faithful.”*

- God trusts us with time, money, jobs, relationships, and growth.
- He wants us to be faithful with what He puts in our hands.

Galatians 6:5 – *“For every man shall bear his own burden.”*

- Each of us must carry our own load.
- No one else can take responsibility for our choices.

Proverbs 28:13 – *“He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy.”*

- Responsibility also means admitting when we are wrong and taking steps to make things right.
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3. Discussion Questions

1. What is one area of life where you feel strong and responsible?
 2. What is one area where you struggle to take responsibility?
 3. What happens when people avoid responsibility?
 4. How does taking responsibility help you grow?
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4. Practical Examples

- **Time:** Getting up, being ready for work, not waiting until the last minute.
- **Money:** Keeping track of spending, paying bills, saving, not blaming others.
- **House responsibilities:** Cleaning, chores, cooking without being asked.
- **Relationships:** Speaking kindly, keeping promises, saying “I was wrong.”

- **Spiritual life:** Reading the Bible, prayer, church—nobody can do this for you.
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5. Challenge for This Week

What is **one area** where you will take more responsibility for the next 7 days.

Finish this sentence:

“This week I will take responsibility for _____ by doing _____.”

Examples:

- “I will take responsibility for my attitude by stopping gossip.”
 - “I will take responsibility for money by writing down what I spend.”
 - “I will take responsibility for my health by going to bed on time.”
 - “I will take responsibility for my walk with God by reading one chapter each day.”
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6. Closing Thought

Responsibility is not a heavy chain. It is a pathway to freedom. When you take responsibility, you take control of your future.