

LIFE SKILL OF THE WEEK: FAITHFULNESS

Written by Joe Keim and taught in a group setting

1. Opening Thought

- Faithfulness means **staying steady and committed over time**, even when things are hard or unseen.
- It is showing up again and again, not quitting when feelings fade.

Explain: *“Faithfulness is not about doing big things once. It is about doing small things consistently.”*

Faithfulness builds trust with God and with people.

2. Scripture (KJV)

Luke 16:10 – *“He that is faithful in that which is least is faithful also in much...”*

Explain: God looks at how we handle small responsibilities. Faithfulness grows step by step.

Hebrews 10:23 – *“Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)”*

Explain: We can remain faithful because God Himself is faithful.

Proverbs 28:20 – *“A faithful man shall abound with blessings...”*

Explain: Faithfulness brings lasting fruit, not quick rewards.

3. Discussion Questions

1. Why is faithfulness hard in today’s world?
 2. What causes people to quit too soon?
 3. What are some small areas where faithfulness matters?
 4. How does faithfulness shape your future?
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4. Practical Examples

1. **Work:** Showing up on time and doing your job well.
2. **Relationships:** Being loyal, honest, and dependable.
3. **Spiritual life:** Reading the Bible, praying, and attending church regularly.
4. **Commitments:** Finishing what you start.

5. **Hard seasons:** Staying faithful even when life is difficult.

Explain: that faithfulness is proven over time, not in one moment.

5. Challenge for This Week

Ask each person to choose **one area** where she will practice faithfulness this week.

Have them finish this sentence on paper:

“This week I will be faithful in _____ by _____.”

Examples:

1. “I will be faithful at work by showing up on time.”
2. “I will be faithful in my walk with God by praying daily.”
3. “I will be faithful in relationships by keeping my word.”
4. “I will be faithful in my responsibilities by finishing tasks.”
5. “I will be faithful even when I feel tired or discouraged.”

Explain: it must be something that can be clearly checked next week.

6. Closing Thought

Remind them: *“Faithfulness is doing the right thing again and again, trusting God with the results.”*